Lauds Propers

Tuesday Week I

12 Apr 2011

Invitatory Psalm Antiphon

Come, today, and listen to his voice: do not harden your *hearts.*

First Psalm

Psalm 24

The Lord's entry into his temple

Cantor: The man whose deeds are blameless and whose heart is pure will climb the mountain of the *Lord.*

East Choir:
The Lord's is the earth and its **full**ness, *
the world and all who live in *it.*
He himself founded it upon **the** seas *
and set it firm over the wa*ters.*
The man whose deeds are blameless and whose heart is pure will climb the mountain of the *Lord.*

West Choir:
Who will climb the mountain of **the** Lord? *
Who will stand in his holy *place?*
The one who is innocent of wrongdoing and pure **of** heart, *
who has not given himself to vanities or sworn false*ly.*
He will receive the blessing of **the** Lord *
and be justified by God his sav*iour.*
This is the way of those who **seek** him, *
seek the face of the God of Ja*cob.*
The man whose deeds are blameless and whose heart is pure will climb the mountain of the *Lord.*

East Choir:
Gates, raise your heads. Stand up, eter**nal** doors, *
and let the king of glory en*ter.*
Who is the king of **glo**ry? *
The Lord of might and power.
The Lord, strong in bat*tle.*
The man whose deeds are blameless and whose heart is pure will climb the mountain of the *Lord.*

West Choir:
Gates, raise your heads. Stand up, eter**nal** doors, *
and let the king of glory en*ter.*
Who is the king of **glo**ry? *
The Lord of hosts
– he is the king of glo*ry.*

Full Choir: *(profound bow)*
Glory be to the Father and to the Son and to the Holy **Spi**rit, *
as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor: King of glory, Lord of power and might, cleanse our hearts from all sin, preserve the innocence of our hands, and keep our minds from vanity, so that we may deserve your blessing in your holy place.

Full Choir: The man whose deeds are blameless and whose heart is pure will climb the mountain of the *Lord.*

Canticle

Tobit 13

God punishes and God saves

Cantor: Praise the king of the ages in all your *deeds.*

East Choir: Blessed be God who lives for **e**ver, *
whose kingdom is eternal:
for he both punishes and takes pi*ty,*
he leads down to the un**der**world, *
and rescues from perdition;
no one can escape *him.*

West Choir: Give thanks to him before all nations, children of Is**ra**el: *
he scattered you among them,
and there he has made known his great*ness.*
Give glory to him before all **who** live: *
he is our Lord, our father,
and our God for e*ver.*

East Choir: He will punish you for your trans**gress**ions; *
but he will take pity on all your suffer*ings,*
and gather you together from all the **na**tions *
among whom he scattered *you.*
If you turn back **to** him *
with all your heart and soul
– if you keep faithful to him –
he will turn back to you
and hide his face no lon*ger.*

West Choir: So now look at what he has done **with** you, *
and praise him with all your *might.*
Bless the Lord of **jus**tice, *
and glorify the eternal *King.*

East Choir: In the land of my captivity I trust **in** him; *
I show his power and majesty to the sinful peo*ple.*
Turn back, **sin**ners, *
and be upright in his presence
– perhaps he will forgive you and show you his fa*vour.*

West Choir: I will rejoice in the Lord with all **my** soul, *
my soul will rejoice as long as it *lives.*
Bless the Lord, all his cho**sen** ones: *
all people, praise his great*ness.*
Fill your days **with** joy *
and proclaim his glo*ry.*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning is now,
and ever shall be world without end. A*men.*

Full Choir: Praise the king of the ages in all your *deeds.*

Second Psalm

Psalm 33

The Lord provides

Cantor: Praise is fitting for loyal *hearts.*

East Choir:
Rejoice in the Lord, **you** just: *
it is good for the upright to praise *him.*
Proclaim the Lord on **the** lyre, *
play his song on the ten-stringed *harp.*
Sing a new song to **the** Lord, *
sing out your cries of tri*umph,*
for the word of the Lord is tru**ly** just, *
and all his actions are faith*ful.*
The Lord loves justice and right **judge**ment; *
the earth is full of his loving kind*ness.*
By the Lord's word the heavens **were** made, *
and all their array by the breath of his *mouth.*
He gathered the seas as if in **a** bag, *
he stored up the depths in his treasu*ry.*
Praise is fitting for loyal *hearts.*

West Choir:
Let every land fear **the** Lord, *
let all the world be awed at his pre*sence.*
For he spoke, and they came in**to** being; *
he commanded, and they were *made.*
The Lord confounds the counsel of the **na**tions, *
throws the thoughts of the peoples into confus*ion.*
But the Lord's own counsel stands firm for **e**ver, *
his thoughts last for all genera*tions.*
Praise is fitting for loyal *hearts.*

East Choir:
Happy the nation whose lord **is** God, *
the people he has chosen as his inheri*tance.*
The Lord looks down from the **hea**vens *
and sees all the children of *men.*
From his dwelling-place **he** looks *
upon all who inhabit the *earth.*
He moulded each one of **their** hearts, *
he understands all that they *do.*
Praise is fitting for loyal *hearts.*

West Choir:
The king will not be saved by his **for**ces; *
the abundance of his strength will not set the strong man *free.*
Do not trust a horse to **save** you, *
whatever its swiftness and *strength.*
For see, the eyes of the Lord are on those who **fear** him, *
upon those who trust in his mer*cy,*
hoping he will save their souls **from** death *
and their bodies from hun*ger.*
Praise is fitting for loyal *hearts.*

East Choir: Our souls praise **the** Lord, *
for he is our help and our protec*tor,*
for our hearts rejoice **in** him, *
and we trust in his holy *name.*
Lord, show us your loving **kind**ness, *
just as we put our hope in *you.*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor: Nourish your people, Lord, for we hunger for your word. Rescue us from the death of sin and fill us with your mercy, that we may share your presence and the joys of all the saints.

Full Choir: Praise is fitting for loyal *hearts.*

Reading

Zechariah 12:10-11

Lector: Over the House of David and the citizens of Jerusalem I will pour out a spirit of kindness and prayer. They will look on the one whom they have pierced; they will mourn for him as for an only son, and weep for him as people weep for a first-born child. When that day comes, there will be great mourning in Judah.

(Silent Reflection)

Responsory

Lector: He himself will free me from the hunter's snare.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: And from evil slander.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: (all: profound bow) Glory be to the Father and to the Son and to the Holy Spirit.
Full Choir: – *He himself will free me from the hunter's snare.*

Benedictus Antiphon

'When you have lifted up the Son of Man, then you will know that I **am** He,' says the *Lord.*

Intercessions

Lector: Let us bless Christ, who gave himself to us as bread coming down from heaven.
Let us address our prayers to him:
Full Choir: – *Christ, you are food and medicine for the soul, make us strong.*
Lector: Lord, make us who are fed at the Eucharistic feast
have a full share in the gifts of the Paschal sacrifice.
Full Choir: – *Christ, you are food and medicine for the soul, make us strong.*
Lector: Give us the gift of keeping your word in good and perfect hearts
patiently, until it bears fruit within us.
Full Choir: – *Christ, you are food and medicine for the soul, make us strong.*
Lector: Make us eager to work with you to bring perfect order to the world,
so that your Church may more easily spread your message of peace.
Full Choir: – *Christ, you are food and medicine for the soul, make us strong.*
Lector: We have sinned, Lord, we have sinned:
wipe out our sins with your saving grace.
Full Choir: – *Christ, you are food and medicine for the soul, make us strong.*

Prayer

Lord, help us to do your will that your Church may grow and become more faithful in your service. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.